



Ocean Wise Lunch Box Challenge Definitions and Examples

Type of plastic waste	Definition	Examples
Food wrappers	Wrappers can hold an individual serving of food or many, and sometimes have a shiny backing	<ul style="list-style-type: none"> • Granola bar wrappers • Stand-up pouches (often resealable) • Yogurt seals (lids on yogurt cup) • Sandwich bags (like Ziploc)
Soft plastic packaging	If you can crumple the plastic up into a ball, it's soft packaging	<ul style="list-style-type: none"> • Bread bags • Plastic overwrap (like on packs of juice boxes) • Saran wrap
Hard plastic packaging	If you can't crumple it up into a ball, it's hard packaging	<ul style="list-style-type: none"> • Clamshell packaging (like berries or muffins) • Yogurt cups • Plastic takeout containers
Bottles and bottle caps	Bottles contain drinks. Count the bottle and its cap as two separate items.	<ul style="list-style-type: none"> • Pop and water bottles • Drinkable yogurt bottles • Chocolate milk bottles
Tetrapaks/cartons	Tetrapaks contain drinks and other liquids. They are shaped like boxes. Count straws or caps separately.	<ul style="list-style-type: none"> • Juice boxes and cartons • Milk/plant-based milk cartons
Plastic dishware	Cups, plates, or bowls that are made of plastic or paper with a plastic coating.	<ul style="list-style-type: none"> • Solo cups • Paper dishes (like Starbucks cups or paper plates with a plastic coating) • Paper takeout boxes
Plastic utensils	Plastic tools to help you eat your food	<ul style="list-style-type: none"> • Forks, knives, spoons, chopsticks, etc.
Plastic drink accessories	Plastic drink lids and straws (including straws from juice boxes)	<ul style="list-style-type: none"> • Plastic coffee lids, pop lids and straws
Stickers	Found on fruit and vegetables	<ul style="list-style-type: none"> • Apple, avocado, banana stickers
Plastic foam products	Foam products are brittle (snap easily), are usually white or black, and are often used as trays	<ul style="list-style-type: none"> • Meat/sandwich trays • Takeout containers • Styrofoam coffee cups
Plastic bags	Thin, flexible bags with handles to carry your food	<ul style="list-style-type: none"> • Grocery store bags • Restaurant take-out bags
Plastic can holders	Flexible plastic rings used to carry cans	<ul style="list-style-type: none"> • Rings around a six-pack of pop
Multi-material packaging	Packaging that is made of more than one type of material	<ul style="list-style-type: none"> • Carboard box with a plastic window, like pasta • Blister packs (like for gum) • Tea bags (plastic mesh with tea leaves inside)
Other	Anything that doesn't have a defined category or that you're not sure about.	